Graduate Resource Guide

ISU Psy.D. Program

(Updated April 2021)

**MULTICULTURAL RESOURCES**

[**International Student Organizations**](https://www.indstate.edu/ips/program-and-services/campus-resources/iso)

* International Student Leadership Council (ISLC)
* African Student Union (ASU)
* Hispanic Latino Alliance (HLA)
* Chinese Student and Scholarship Association (CSSA)
* Indian Student Association (ISA)
* Saudi Student Association (SSA)

**Cultural Centers**

* [Multicultural Services and Programs (MSP)](https://www.indstate.edu/student-affairs/msp/resources-and-services)
	+ [LGBTQ Resource Center](https://www.indstate.edu/student-affairs/msp/lgbtq-resource-center)
	+ [La Casita Resource Center](https://www.indstate.edu/student-affairs/msp/la-casita-student-resource-center)
	+ [International Student Resource Center](https://www.indstate.edu/student-affairs/msp/resource-centers/international-student-resource-center/about)
* [Campus Ministries](https://www.indstate.edu/student-affairs/campus-life/campus-ministries)
* [African American Cultural Center](https://www.indstate.edu/student-affairs/aacc)
* [Center for Global Engagement](http://www.indstate.edu/ips)
* [Women’s Resource Center](http://www.indstate.edu/student-affairs/wrc)

**LGBTQ Resources**

* [ISU LGBTQ Resource Center](https://www.indstate.edu/student-affairs/msp/resource-centers/lgbt-resource-center/about)**:** (web site has a variety of resource both on/off campus)
* [ISU LGBTQ Student Resource Center (Facebook)](https://www.facebook.com/ISULGBTQ/)

(Affirming religious organizations marked with \* below)

**Spiritual/Religious Resources**

**Selected Religious organizations (most of these are close to campus/in Terre Haute unless indicated)**

* [Campus Ministries](https://www.indstate.edu/student-affairs/campus-life/campus-ministries)  list of ministries with college student focus and contact info)
* [Islamic Center of Terre Haute](https://www.salatomatic.com/spc/Terre-Haute/Islamic-Center-of-Terre-Haute/afxfQpZDOW) 1319 S. 6th Street
* [United Hebrew Congregation](http://www.unitedhebrewth.org/) 540 S. 6th Street
* [St. Joseph University Parish](http://www.stjoeup.org/) 113 S. 5th Street
* \*[St. Stephen’s Episcopal Church](http://www.ststephensth.org/) 215 N. 7th Street
* [St. Benedict Church](http://www.stbenedictth.org/)  111 S. 9th Street
* [Allen Chapel African Methodist Episcopal Church](https://www.facebook.com/HistoricAllenChurch/) 218 Crawford St.
* The Church of Jesus Christ of Latter-day Saints 1845 N 6th ½ Street
* [First Unitarian Universalist Congregation of Terre Haute](https://www.facebook.com/First-Unitarian-Universalist-Congregation-of-Terre-Haute-98425362035/) 1875 S Fruitridge Ave.
* \*[Central Christian Church](http://www.cccthdisciples.org/) 4950 Wabash Ave.
* [Baptist Collegiate Ministry](http://www.isubcm.com) 800 N. 6th Street
* [Chi Alpha Campus Ministries](https://indstate.campuslabs.com/engage/organization/chi-alpha-campus-ministries)(Christian student organization at ISU)
* [Christian Student Fellowship](http://www.isucsf.com) 732 N. 5th St.
* [United Campus Ministries](http://www.thunitedcampusministries.org/) 321 N 7th St.
* \*[Unity Presbyterian Church](http://unitypresbyterian.net/) 1207 E. Springhill Rd

**Multicultural Faith Groups**

* [Nueva Vida/New Life Fellowship](http://newlifeterrehaute.com/)
* [Iglesia de Dios El Oasis](https://goo.gl/C0ssRY)
* [Islamic Center of Terre Haute](https://sites.google.com/site/islamiccenterofterrehautein/)
* [United Hebrew Congregation](https://goo.gl/HFFmce)

**HEALTH RESOURCES**

* Healthy Indiana Health Plan (HIP) for low income individuals
	+ Apply online at: <http://www.in.gov/fssa/dfr/3112.htm>
* [UAP Clinic – ISU Health Center](https://www.indstate.edu/health-center)
* [ISU Student Recreation Center (gym)](https://www.indstate.edu/student-affairs/campus-rec)
* [Terre Haute Regional Hospital](http://regionalhospital.com/)
* [Union Hospital](http://www.myunionhospital.org/unionhospital/)
* [ISU Physical Therapy and Sports Rehabilitation Clinic](http://www.indstate.edu/health/center/rehabclinic)

**Therapy/Counseling Resources:**

\**denotes providers that we know and would recommend and who have no role in our training program.*

\*\**denotes agencies that are also a placement site for our program*

\*\*ISU Student Counseling Center

2nd floor Gillum Hall

Indiana State University

Terre Haute, IN 47807

812-237-3939

<http://www2.indstate.edu/cns/>

\*Laura Fredendahl, Psy.D. \*Dawn Castner-Rector, Ph.D.

\*\*[Murphy/Urban & Associates](https://www.murphyurbanassociates.com/) \*\*[Murphy/Urban & Associates](https://www.murphyurbanassociates.com/)

2740 S. 7th St. 2740 S. 7th St.

Terre Haute, IN  47802   Terre Haute, IN 47802

(812) 235-6121 (812\_ 235=6121

\*Thomas Rea, Psy.D. \*Allissa Williams, MS, MDiv, LMHC

\*\*[Murphy/Urban & Associates](https://www.murphyurbanassociates.com/) 812-298-6702

2740 S. 7th St. Sliding Scale fee only (does not accept insurance)

Terre Haute, IN  47802

 (812) 235-6121

\*Melissa Dreher, LMHC Crystal Turchi, LMHC

Healthy Connections & Wellness Healthy Connections & Wellness

1400 E Pugh Drive  1400 E Pugh Drive
Suite 18 Kenbell Plaza Suite 18 Kenbell Plaza
Terre Haute, Indiana 47802  Terre Haute, Indiana 47802
(812) 610-4836 (812) 610-4836

**For l referrals in the Indianapolis area see:**

<https://www.butler.edu/counseling-services/community-referrals>

**Therapists in Indiana who provide telehealth services**

***Note: the therapists/agencies listed below all responded to a request send through the IPA listserv (in March of 2021) for therapists who see graduate students and provide telehealth services.***

Cook Behavioral Health

(Fort Wayne, IN)

Website: www.Cookbehavioral.com

Email: CBH@cookbehavioral.com

Phone: 260-483-2400

Info: We offer psychotherapy (from a variety of perspectives), DBT, EMDR, PE, testing. Telehealth available from psychologists and master’s level clinicians.

Emily Williams, PhD, HSPP

Silver Maple Psychology, LLC

Website: [www.silvermaplepsychology.com](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.silvermaplepsychology.com%2F&data=04%7C01%7Ckatheryn.ocampo%40indstate.edu%7C94945fc53acf41ecdd0208d8f9ef01c8%7C3eeabe396b1c4f95ae682fab18085f8d%7C0%7C1%7C637534152209838862%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=bFuTieyXuCVu%2F0UqRa6BVJ7xRkGd5%2BAuRQtRB5n4vHE%3D&reserved=0)

Address: 13295 N. Illinois Street, Suite 207, Carmel, IN 46032

Phone: (317) 208-0731; fax: (317) 564-0543

pronouns: she/her/hers

Client Portal:  [https://silvermaplepsychology.clientsecure.me](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsilvermaplepsychology.clientsecure.me%2F&data=04%7C01%7Ckatheryn.ocampo%40indstate.edu%7C94945fc53acf41ecdd0208d8f9ef01c8%7C3eeabe396b1c4f95ae682fab18085f8d%7C0%7C1%7C637534152209838862%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=RFmt5K4JQMAdR8ayS1I77ZkgSp98xRORVGiTEDiSDvU%3D&reserved=0)

Info: As a former practicum/internship training director, I worked closely with psychology grad students for 15 years before switching to private practice. I currently run a private practice in Carmel, IN, and accept insurance.  Telehealth is covered by most insurance.

Kathleen M. Vogler, Ph.D., HSPP

Address: 438 S Emerson Avenue, Suite 153, Greenwood, IN 46143

Phone: 317-886-7804

Info: When students call, have them mention ISU so I will make it a priority to get them in.  Like others I am booking out a bit (more than several weeks) with new referrals. Telehealth available.

Rachel M. Holmes, PhD, HSPP

Assistant Professor of Clinical Medicine

Address: Department of Medicine, Indiana University School of Medicine

Phone: 317-944-7320

Email: rholmes1@iuhealth.org

Info: My primary practice is health psychology, but I’m heavily involved in (psych) training for (from practicum to fellowship) and I see several medical students, residents, and recently physicians for mental health services. My contact information is listed below; email is probably the easiest. (The phone number is for my admin who schedules my clinics during the day, but I can make arrangements for evenings or Saturdays via email on an individual basis). Telehealth available.

Doctor On Demand

Website: https://www.doctorondemand.com

They provide Telepsych services in all 50 states. They accept all insurance and see patients all day every day. Weekends included. 50 minute sessions any day with psychologists and master’s level therapists.

Dawn S Dilley, PhD HSPP
Clinical Health Psychologist
Healing Through Art
Chronic Illness Specialist
PH: 765-204-5854
FAX: 765-297-1659
Address: 1330 Win Hentschel Blvd, Ste 237, West Lafayette IN 47906
website: [www.dawndilleyphd.com](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fwww.dawndilleyphd.com%2F&data=04%7C01%7CKatheryn.Ocampo%40indstate.edu%7C07327dd8bcee4e817d7008d8fa07cb83%7C3eeabe396b1c4f95ae682fab18085f8d%7C0%7C0%7C637534258674762445%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=QDCX1RelorbROn%2BeVwpdKpHxs%2BlaL7%2BvCZJ37mWdHiU%3D&reserved=0)

Info: Cash pay. I can go down to $100/session. I offer a unique type of therapy incorporating art, using the metaphor, and offering specific themed visualizations. Insight based, Jungian/Milton Erickson/Positive Psychology experience, I’d be a good fit. Teletherapy available.

Maria Papachrysanthou Hanzlik, PsyD, HSPP

Clinical Psychologist

AASECT-Certified Sex Therapist

Integrated Psychological Center of Indiana, Owner

Address: 50 E. 91st Street, Suite 316, Indianapolis, IN 46240

Tel: 317-550-3221 Fax: 317-550-3228

Website: [w](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fdrmariahanzlik.com%2F&data=04%7C01%7Ckatheryn.ocampo%40indstate.edu%7C0787878e72c84ddad4b208d8fa0de223%7C3eeabe396b1c4f95ae682fab18085f8d%7C0%7C1%7C637534284820893749%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=PHqCa8HRnjxL4N6qo4PLQhE%2BqBFnfhpwEqHb%2Fs4Ai3I%3D&reserved=0)[ww.integratedpsychologicalcenterofindiana.com](https://nam02.safelinks.protection.outlook.com/?url=http%3A%2F%2Fww.integratedpsychologicalcenterofindiana.com%2F&data=04%7C01%7Ckatheryn.ocampo%40indstate.edu%7C0787878e72c84ddad4b208d8fa0de223%7C3eeabe396b1c4f95ae682fab18085f8d%7C0%7C1%7C637534284820893749%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C2000&sdata=On%2B8r6By%2FcK0jf5sIyJwNg5QLVRbCePOQl0Pkx%2FVxVE%3D&reserved=0)

Info: We've been in the planning stages for this, but we are now starting a list for interested participants for an online psychology graduate (doctoral) student process group facilitated by one of our postdocs, Dr. Sophie Sutker. I will send out a flyer when we have it ready, but we are tentatively looking at holding it on Fridays from 3-4:30pm, $30 per session. Feel free to email me directly (dr.mariaphanzlik@gmail.com) for more information. We are also available for individual therapy.

Dr. Christina Maxwell, PsyD, HSPP, Psychologist

Address: Speedway, IN, 46224

Phone: (317) 834-7841

Website: [Dr. Christina Maxwell, PsyD, HSPP, Psychologist, Speedway, IN, 46224 | Psychology Today](https://nam02.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.psychologytoday.com%2Fprofile%2F753257&data=04%7C01%7CKatheryn.Ocampo%40indstate.edu%7C5ddbca4ba9b24722b59b08d8fab5a1ac%7C3eeabe396b1c4f95ae682fab18085f8d%7C0%7C1%7C637535005297231210%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=wL9kYjEbwGV4%2BIOxbkKTTdZp5q2LBj2zMxuhXxZg9vQ%3D&reserved=0)

Info: Life can be full of surprises, with many unexpected ups and downs. Sometimes relationships, career, and life in general do not unfold as expected. If you’re finding yourself in an unexpected place in life, I’m here to help. My aim is to provide a warm, safe, and non-judgmental space for you to share your experiences and to explore options for growth. I have over 10 years of experience working with individuals struggling with issues including, trauma, anxiety, depression, substance abuse, relationship difficulties, identity issues, and life transitions. Enjoys working with grad students. Telehealth available.

**ACADEMIC RESOURCES:**

* [Math and Writing Center](http://libguides.indstate.edu/c.php?g=423656)
* [ISU Cunningham Memorial Library](http://library.indstate.edu/)
* [College of Graduate and Professional Studies](https://www.indstate.edu/cgps)
* [Disability Student Services](https://www.indstate.edu/services/student-success/cfss/student-support-services/disability-student-services)
* [Veteran Services](https://www.indstate.edu/services/veterans)

**PARKING, PUBLIC SAFETY, PUBLIC TRANSIT**

* [ISU Police](http://www2.indstate.edu/pubsafety/services.php)
	+ Escort request (handy at night), battery jump, and lockouts.
* [ISU Parking Services](https://www.indstate.edu/parking)
* [Terre Haute Public Transit](https://www.indstate.edu/ips/program-and-services/terre-haute/driving-transportation) (Free to ISU students)
	+ [Terre Haute Transit](http://www.terrehaute.in.gov/departments/transit-department)
* [Terre Haute Police](http://www.terrehaute.in.gov/departments/pd)

**HOUSING OPTIONS**

* [ISU Residential Life/Graduate Housing](https://www.indstate.edu/ips/future-students/life-at-state/housing)
* **Housing Options popular among current Psy.D. students**:
* o   [Village Quarter Apartments](http://www.thevillagequarter.com/)
* o   [Sycamore Terrace](http://www.sycamore-terrace.com/)
* o   [Heritage Trail](https://www.heritagetrailapartments.com/)
* o   [Cobblestone Crossings](http://www.cobblestonecrossings.com/)

**CHILD CARE SERVICES**

* [ISU Early Childhood Education Center](http://www.indstate.edu/education/ecec)
* [Chances and Services for Youth (CASY](http://casyonline.org/)) (childcare resource and referral services)

**THINGS TO DO:**

* [Sycamore Outdoor Center](https://www.indstate.edu/health/center/soc)
	+ Ropes Course, hiking, canoeing, fishing, picnic and games area
* [Deming Park](http://www.terrehaute.in.gov/departments/parks/parks-information/deming-park.html)
	+ Great place for a jog, walk, and picnic. It also has an 18-hole disc golf course, a public pool, and a variety of sport facilities including basketball and tennis courts.
* [Dobbs Memorial Park](http://www.terrehaute.in.gov/departments/parks/city-parks/dobbs/NC) (across the street from Village Quarter Apartment)
* [Hawthorn Park](https://www.vigocounty.in.gov/egov/apps/locations/facilities.egov?view=detail;id=3)
	+ [Griffin Bike Park](https://griffinbikepark.com/) (located next to Hawthorne, awesome bike trails!)
* [Fairbanks Park](http://www.terrehaute.in.gov/departments/parks/parks-information/fairbanks-park.html) (about 6 blocks away from ISU campus, on the Wabash River)
* [Downtown Terre Haute](https://www.facebook.com/DowntownTH/) (FB page, info on First Friday events)
* [10 best things to do in Terre Haute](https://www.tripadvisor.com/Attractions-g37574-Activities-Terre_Haute_Indiana.html) (tripadvisor)
* [Turkey Run State Park](https://www.in.gov/dnr/parklake/2964.htm) (50 miles north of Terre Haute, beautiful area, great hiking!)
* [Haute Happenings](https://nateandrachael.com/terrehaute/guide-to-things-to-do-in-terre-haute-with-kids/) (great resource for up-to-date info on events in Terre Haute)
* [Ditzler Orchard](http://www.ditzlerorchard.com/) (great place to pick apples, get cider in the fall!)
* [Sunflower Maze](http://www.lafamilyfarms.com/sunflower-maze)  (have to be here in the summer for the maze, also have hiking trails and farm store)
* [Sycamore Winery](https://www.thesycamorewinery.com/) (tasting room, often have live music on the weekends, outdoor seating)
* [Terre Haute Children’s museum](http://thchildrensmuseum.com/) (very close to campus, great place to take kids)
* [Vigo County Fairgrounds](http://www.vigofair.com/) (events throughout the year)
* [Terre Haute Farmer’s Market](https://terrehautefarmersmarket.com/) (great produce spring through October on Sat AM)
* [Swope Art Museum](http://www.swope.org/)  (close to campus, free admission, art classes for kids in summer)

**LOCAL DISCOUNTS FOR STUDENTS:**

* Grand Traverse Pie Company: Free Pie for ISU students
* Papa John’s Pizza: Large $5.99 pizza (need code: ISU09, Additional discount codes available online)
* Ballyhoo Pizza King: 10% Discount
* Clabber Girl: 10% Discount
* J. Gumbo’s: 10% Discount

[More info on ISU discounts](https://www2.indstate.edu/humres/docs/ISU_EmployeeIncentives.pdf)

**MISC**

* Food Assistance. [Food pantry at United Campus Ministries](http://www.thunitedcampusministries.org/food-pantry.html) (321 N. 7th Street—just north of Root Hall). See website for hours the food pantry is open.
* [Supplemental Nutrition Assistance Program (SNAP)](http://www.in.gov/fssa/dfr/2691.htm) provides food assistance to low income individuals.
* [Information about Terre Haute](http://www.rose-hulman.edu/~adams1/bereft/do.html) (developed by a professor at Rose-Hulman)